

Forests for Human Health: Challenges and Opportunities

8 - 9 April 2019, Vienna, Austria



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8 April 2019

13.00-13.30 Opening and welcome speeches

Representatives of:

- Federal Ministry for Sustainability and Tourism, Austria
- Ministry of Agriculture and Rural Development of the Slovak Republic
- FOREST EUROPE - Liaison Unit Bratislava
- Austrian Research Centre for Forests (BFW)

13.30-14.30 Block I - Plenary Session "*Presentation of the study Human Health and Sustainable Forest Management, prepared by the FOREST EUROPE Expert group*"

- Impacts of forests on human health and well-being
Liisa Tyrväinen - Natural Resources Institute Finland (LUKE)
- Human Health and Sustainable Forest Management
Ludmila Marušáková - FOREST EUROPE - Liaison Unit Bratislava
- Potential and opportunities: how to benefit from the positive effects of forests for human health and well-being
Markus Sallmannshofer - Austrian Research Centre for Forests (BFW)
- Q&A

14.30-15.00 Coffee break

15.00-16.30 Block II - Plenary Session "*Role of forests in human health prevention, rehabilitation and therapy*"

- Kevin Lafferty - *Forestry Commission Scotland*
- Mark Nieuwenhuijsen - *IS Global, Barcelona Institute for Global Health*
- Piero Lercher - *Sports doctor, preventive and environmental physician*
- Q&A

16.30-18.00 Block III - Panel Discussion "*Expectations, challenges and opportunities*"

Moderator: Peter Mayer - *Austrian Research Centre for Forests (BFW)*

- Dineke Zeegers Paget - *European Public Health Association*
- Paul Nolan - *The Mersey Forest*
- Marta Pahissa - *DKV Seguros Insurance Company*
- Leire Salaberria - *Union of Foresters of Southern Europe (USSE)*
- Piotr Borkowski - *European State Forest Association (EUSTAFOR)*
- Q&A

19.30

Dinner



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9.00-10.30 Block IV - Plenary Session “Best practice examples”

- Trudi Else - *England, Active Forests*
- Ellen Devine - *Forestry Commission England*
- Gorka Altuna - *Basque Country - Bizkaia Region, Forest Bathing*
- Dirk Schmechel - *Bavarian Institute of Forestry; Subgroup Forest Pedagogy of FCN*
- Franziska Krainer - *Austrian Research Centre for Forests (BFW)*
- Kerstin Ensinger - *Germany, Nationalpark Schwarzwald*
- Anders Mickos - *Finland, Forest Therapy in Health Care and Social Services*
- Q&A

10.30-11.00 Coffee break

11.00-12.30 Block V - Parallel Sessions “Actions and policies”

Parallel Session I

Barriers and drivers for promotion of health benefits of forests in the context of a green economy

Parallel Session II

How to communicate the health benefits of forests?

Parallel Session III

Improving cross-sectoral cooperation between various stakeholders

12.30-13.30 Block VI - Plenary Session (*Report back to plenary, discussion and conclusions*)

13.30 Lunch

