

# Forests for Human Health: Challenges and Opportunities

8 - 9 April 2019, Vienna, Austria



## \_workshop agenda

8 April 2019

### 13.00-13.30 Opening and welcome speeches

Representatives of:

- Federal Ministry for Sustainability and Tourism, Austria
- Ministry of Agriculture and Rural Development of the Slovak Republic
- FOREST EUROPE - Liaison Unit Bratislava
- Austrian Research Centre for Forests (BFW)

### 13.30-14.30 Block I - Plenary Session “*Presentation of the study Human Health and Sustainable Forest Management, prepared by the FOREST EUROPE Expert group*”

- Impacts of forests on human health and well-being  
*Liisa Tyrväinen - Natural Resources Institute Finland (LUKE)*
- Human Health and Sustainable Forest Management  
*Ludmila Marušáková - FOREST EUROPE - Liaison Unit Bratislava*
- Health effects of forests: opportunities for the forest sector  
*Markus Sallmannshofer - Austrian Research Centre for Forests (BFW)*
- Q&A

### 14.30-15.00 Coffee break

### 15.00-16.30 Block II - Plenary Session “*Role of forests in human ill-health prevention, rehabilitation and therapy*”

- Kevin Lafferty - *Forestry Commission Scotland*
- Mark Nieuwenhuijsen - *IS Global, Barcelona Institute for Global Health*
- Piero Lercher - *Sports doctor, preventive and environmental physician*
- Q&A

### 16.30-18.00 Block III - Panel Discussion “*Expectations, challenges and opportunities*”

Moderator: Peter Mayer - *Austrian Research Centre for Forests (BFW)*

- Dineke Zeegers Paget - *European Public Health Association*
- Paul Nolan - *The Mersey Forest*
- Marta Pahissa - *DKV Seguros Insurance Company*
- Leire Salaberria - *Union of Foresters of Southern Europe (USSE)*
- Piotr Borkowski - *European State Forest Association (EUSTAFOR)*
- Q&A

### 19.30 Dinner



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### 9.00-10.30 Block IV - Plenary Session ***"Best practice examples"***

- Trudi Else - *England, Active Forests*
- Ellen Devine - *Forestry Commission England*
- Gorka Altuna / Alex Gesse - *Union of Foresters of Southern Europe (USSE) / Instituto de Baños de Bosque, Spain, and European Forest Therapy Institute*
- Dirk Schmechel - *Bavarian Institute of Forestry; Subgroup Forest Pedagogy of FCN*
- Franziska Krainer - *Austrian Research Centre for Forests (BFW)*
- Anders Mickos - *Finland, Forest Therapy in Health Care and Social Services*
- Q&A

10.30-11.00 Coffee break

### 11.00-12.30 Block V - Parallel Sessions ***"Actions and policies"***

**Parallel Session I - *"Barriers and drivers for promotion of health benefits of forests in the context of a green economy"***

Moderator: Liz O'Brien - *Forest Research, United Kingdom*

**Parallel Session II - *"How to communicate the health benefits of forests?"***

Moderator: Dirk Schmechel - *Bavarian Institute of Forestry; Subgroup Forest Pedagogy*  
Ludmila Marušáková - *FOREST EUROPE - Liaison Unit Bratislava*

**Parallel Session III - *"Improving cross-sectoral cooperation between various stakeholders"***

Moderator: Liisa Tyrväinen - *Natural Resources Institute Finland (LUKE)*

### 12.30-13.30 Block VI - Plenary Session ***(Report back to plenary, discussion and conclusions)***

13.30 Lunch

