Green Care FOREST

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Workshop Forests for Human Health:
Challenges and Opportunities
8 - 9 April 2019, Diplomatic Academy, Vienna

Supported by the federal government, the federal province and the European Union
maintain - improve
Communication - Pilot projects - Handbooks
Well-being and Health

Forests as a place to pursue a healthy lifestyle, to be physical active, to recover from daily routine, to build bridges and interact with others.
Success stories

schools | forest educators | social service providers | retirement homes
Forests as a helpful place during convalescence, as supplement for classic therapy methods
Pilot project

forest educators | physiotherapists | psychiatrists | addiction clinic | psychologists
Green Care FOREST Training Course

- Exchange
- Network
- Impulses

> new green jobs <
Forests are a sustainable resource for health and well-being.
Thank you for your attention!

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