

Expert Group on Human Health and Well-being

First meeting, 23-24 January 2018, Bratislava

Nicole Bauer

Swiss Federal Institute for Forest, Snow and Landscape Research
Social Sciences in Landscape Research Group
Switzerland



How do you/your organisation contribute with your work to the field of Human Health and Well-being?

- Conduct research projects and publish the results in scientific and practice oriented journals
- Media work: Interviews with newspapers, radio stations, a wide variety of magazines with different audiences (e.g. people with chronic lung conditions, elderly people)
- Participation in different networks, e.g. COST actions
- Organize international conferences and national meetings
- Journal Umweltpsychologie: diverse audience

Selection of projects on the topic

- Health effects of outdoor recreation of elderly people; Q. Huang, N. Bauer, 2017-2018
- Recreational Spaces in Cities, M. Hofmann, N. Bauer, 2015-2017
- Strategies for better gardens: Restoration and social effects of different garden types; C. Young , N. Bauer, 2015-2018
- Healthy Alps (in cooperation with BOKU Vienna), N. Bauer, 2015-2018
- Nearby outdoor recreation, B. Degenhardt, M. Buchecker, 2009-2013
- Health effects of agricultural landscapes D. Martens, N. Bauer, 2009-2011
- Health effects of wild and tended urban forests, D. Martens, N. Bauer, 2005-2008

Active Participation in COST Actions

E 39: Forests, Trees and Human Health and Wellbeing.

E 33: Forests for Recreation and Nature Tourism (FORREC).

866: Green Care in Agriculture

TU 1204: Green Infrastructure approach: linking environmental with social aspects in studying and managing urban forests.

TU 1201: Urban Allotment Gardens in European Cities - Future, Challenges and Lessons Learned.

CA16229: European Network for Environmental Citizenship (ENEC)



Initiated a series of conferences on Landscape and health

1. International Conference “Health and Recreation in Forest and Landscape” 2009 (M. Hunziker, N. Bauer), WSL
2. International Conference “Landscape and Health: Effects, Potential and Strategies” 2012 (N. Bauer, A. Bernasconi), WSL
3. International Conference on Landscape and Human Health: Forests, Parks, Green Care took place in Vienna in 2017

What are major challenges related to the given topic in your country?

- different public authorities

Federal Office for the Environment and Federal Office of Public Health

- Little cooperation with health sciences
- Expectations from practice: what kind of forest is needed to foster health?

Nicole Bauer

Swiss Federal Institute for Forest, Snow
and Landscape Research

Zürcherstrasse 111
8903 Birmensdorf

tel.: + 41 44 739 24 58
email: bauer@wsl.ch

