

Expert Group on Human Health and Well-being

First meeting, 23-24 January 2018, Bratislava

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How do you/your organisation contribute with your work to the field of Human Health and Well-being?

- European congresses Forestpedagogy with contributions on Forest, education and health: 2013 (Bilbao) Dr. Mathilda van den Bosch; 2014 (Lagov) Dr. Kerstin Ensinger
- Reviews on literature and existing projects (LWF start 6/2016)
- Developing Forestpedagogy-material “Dr. Wald” with practical activities to show impacts of Forests on human health (6/18)
- Supporting curriculum “Forest-therapists” of LMU university (Chair of public health)
- Research project “Forests and Reha-hospitals” (10/2017 – 6/2018, with Technical University Munich/Prof. Dr. Suda

Please describe a successful example(s) in your country/by your organization

Actually we are preparing to establish the topic “Dr. Wald” (positive effects of forests on human health and well-being) as the topic of “The week of the forest” (9th- 17th of june) 2018 of the Bavarian Forest Administration (BFA) – this includes:

- Communicating this topic as major PR-topic within the PR-activities of the BFA and its regional offices in 2018
- Creating a workbook “Dr. Wald” with a collection of suitable Forestpedagogy-activities for Forestpedagogy-programs
- Having a bavarian-wide campaign in the Forest-week with “Dr. Wald” – events in all regional forest offices of the BFA.



What are major challenges related to the given topic in your country?

We already know so much about:

- scientifically proven positive effects of forests on hH+wb
- forest-therapy-activities which are increasingly offered
- how “health-forests” look like (or not) or what they should offer

But we have no clear idea about how the forest owner (private, communal, states) might profit from that. The major challenge is to create concepts offering them income-opportunities, when

- they provide specific characteristics of their forests
- they guarantee for needed specific management-measures or renounce on previous management-measures
- they tolerate the execution of therapy-activities

... and where should money/support come from, how distributed, how to involve medical-sector ...



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