

**Third meeting of the Expert group on human health and well-being  
23 – 25 October 2018, Osrblie, Slovakia**

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**Draft annotated agenda**

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- 1. Opening of the meeting**
- 2. Adoption of the agenda**
- 3. Presentation of Mr. Alex Gesse, Certified Forest Therapy Guide & Mentor**
- 4. Preparation of the movie regarding Social aspects of Sustainable Forest Management**
- 5. Presenting a second draft of the study on existing knowledge and best practices on the topic**
- 6. Preparation of the workshop**
- 7. Liaise and identify possible cooperation with representative and experts from other sectors**
- 8. Any other business**
- 9. Conclusions and closing remarks**

**Meeting hours:** Tuesday, 23 October 2018, 9.30 – Thursday, 25 October 2018, 12.00  
(preliminary time schedule is in Annex I to this document)

**Venue:** Hotel ZERRENPACH, Anderlová 224, Osrblie 976 45, Slovakia

**Field trip:** Tuesday, 23 October 2018, 9:30 – 14:00

## **ANNOTATIONS**

### **1. Opening of the meeting**

The meeting will be opened and organisational matters will be presented by the representatives of the FOREST EUROPE Liaison Unit Bratislava.

### **2. Adoption of the agenda**

The agenda will be presented for adoption.

### **3. Presentation of Mr. Alex Gesse, Certified Forest Therapy Guide & Mentor**

After practical experience of Forest bathing during the field trip, Mr. Gesse will have theoretical presentation about Forest bathing, guiding and mentoring.

### **4. Preparation of the movie regarding Social aspects of Sustainable Forest Management**

As it was proposed, movie will contain interviews with the Expert Group members and video sequences showing forest and its benefits on human health and well-being. The EG will discuss draft scenario of the movie. There will be opportunity to talk and share ideas directly with the movie-creating company staff.

### **5. Presenting a second draft of the study on existing knowledge and best practices on the topic**

Draft of the study gathering the existing research data, existing policies (international and national level) and current development of the topic was already prepared and discussed during the kick-off meeting. For the sake of effectiveness, it was agreed that the Expert Group will be divided into 5 sub-working groups dealing with particular chapters of the study, however, each EG members is encouraged to bring his/her views on any chapter of the study. The individual sub-groups are expected to consider if the draft text of the chapter is relevant for the study, if any relevant sources or definitions are not missing and check if the facts and figures are presented in a proper context. Each sub-group will be invited to provide feedbacks and comments on the second draft version. Further steps leading to completing the study will be also discussed at the meeting.

### **6. Preparation of the workshop**

As agreed at the Kick-off meeting, workshop on social benefits of forests contributing to human health and well-being will be organized. The discussion should contain update on proposed date and venue, duration of the workshop, target group, objectives and format of the workshop.

## **7. Liaise and identify possible cooperation with representative and experts from other sectors**

Participants of the meeting will discuss possibilities for cooperation with other sectors, especially with health and social sector, tourism, education, insurance companies and other relevant businesses with the aim to enhance cross-sectoral cooperation and possibly mainstream forestry and forestry activities to broader policy agenda and policies in other sectors.

## **8. Any other business**

## **9. Conclusions and closing remarks**

### **Contact:**

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## ANNEX I.

### INDICATIVE TIME SCHEDULE

<b>23 October 2018</b>	
9.30-10.00	Bus transfer to Forestry open-air museum in Čierny Balog
10.00-13.00	Filed trip (including Forest Bathing experience)
13.00-13.30	Bus transfer back to meeting venue
14.00-15.00	Lunch
15.15-15.30	Opening of the meeting ( <b>Agenda Item 1</b> )
15.30-16.00	Adoption of the agenda ( <b>Agenda Item 2</b> )
16.00-16.30	Presentation of Mr. Alex Gesse, Certified Forest Therapy Guide & Mentor ( <b>Agenda Item 3</b> )
16.30-17.00	Coffee break
17.00-18.00	Preparation of the movie regarding Social aspects of Sustainable Forest Management ( <b>Agenda Item 4</b> )
18.30-20.00	Dinner
<b>24 October 2018</b>	
9.00-10.45	Presenting a second draft of the study on existing knowledge and best practices on the topic ( <b>Agenda Item 5</b> )
10.45-11.15	Coffee break
11.15-13.00	Presenting a second draft of the study on existing knowledge and best practices on the topic ( <b>Agenda Item 5 cont.</b> )
13.00-14.00	Lunch
14.00-16.00	Presenting a second draft of the study on existing knowledge and best practices on the topic ( <b>Agenda Item 5 cont.</b> )
16.00-16.30	Coffee break
16.30-18.00	Preparation of the workshop ( <b>Agenda Item 6</b> )
18.30-20.00	Dinner
<b>25 October 2018</b>	
9.00-10.30	Liaise and identify possible cooperation with representative and experts from other sectors ( <b>Agenda Item 7</b> )
10.30-11.00	Coffee break
11.00-12.00	Any other business and closing remarks ( <b>Agenda Item 8 and 9</b> )

## **Field trip**

The Expert group meeting will start with the field trip. All participants are welcome to visit Forestry open-air museum in Čierny Balog. Forest Bathing experience will take a part of this field trip. Estimated time for the trip and the Forest Bathing experience is 3 hours in total.